



HABIT TRACKER



JAN	FEB	MAR	APR	MAY	JUN
JUL	AUG	SEP	OCT	NOV	DEC

DAY	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
HABIT																															
Speaking English with others																															
Reading in English																															
Watching a film in English																															
Listening to podcasts																															
Watching short videos																															
Writing in English																															
Revising words in Quizlet																															
Playing games in English																															

We are what we repeatedly do - Aristotle